

# 2023 October



CHILD NUTRITION SERVICES



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>02</b> Breakfast: Blueberry Muffin Lunch: Turkey Pepperoni Stuffed Sandwich Whole Grain Vegetable Pinwheel	<b>03</b> Breakfast: Trix Yogurt Variety with Granola Lunch: Chicken Corn Dogs SunButter & Grape Jelly Sandwich	<b>04</b> Breakfast: Pan Dulce Lunch: Creamy Mac and Cheese	<b>05</b> Breakfast: Cinnamon Swirls Lunch: Chicken Sandwich Hummus Bento Box	<b>06</b> Breakfast: Mini French Toast Lunch: Bean and Cheese Burrito	<b>07</b>	<b>08</b>
<b>09</b> Breakfast: Whole Grain Chocolate Mini Muffin Lunch: Cheese Pizza	<b>10</b> Breakfast: Oatmeal Chocolate Chip Breakfast Bars Lunch: Cheeseburger Vegetarian Burger	<b>11</b> Breakfast: Mini Maple Pancakes Lunch: Grilled Cheese Sandwich	<b>12</b> Breakfast: Whole Wheat Bagel CONDIMENT Cream Cheese Lunch: Homestyle Chicken Tenders Kickin' Nuggets	<b>13</b> Breakfast: Assorted Waffles Lunch: Bean & Cheese Nada Turkey Taco Nada	<b>14</b>	<b>15</b>
<b>16</b> Breakfast: Blueberry Muffin Lunch: Turkey Pepperoni Stuffed Sandwich Whole Grain Vegetable Pinwheel	<b>17</b> Breakfast: Trix Yogurt Variety with Granola Lunch: Chicken Corn Dogs SunButter & Grape Jelly Sandwich	<b>18</b> Breakfast: Pan Dulce Lunch: Creamy Mac and Cheese	<b>19</b> Breakfast: Cinnamon Swirls Lunch: Chicken Sandwich Hummus Bento Box	<b>20</b> Breakfast: Mini French Toast Lunch: Bean and Cheese Burrito	<b>21</b>	<b>22</b>
<b>23</b> Breakfast: Whole Grain Chocolate Mini Muffin Lunch: Cheese Pizza	<b>24</b> Breakfast: Oatmeal Chocolate Chip Breakfast Bars Lunch: Cheeseburger Vegetarian Burger	<b>25</b> Breakfast: Mini Maple Pancakes Lunch: Grilled Cheese Sandwich	<b>26</b> Breakfast: Whole Wheat Bagel CONDIMENT Cream Cheese Lunch: Homestyle Chicken Tenders Kickin' Nuggets	<b>27</b> Breakfast: Assorted Waffles Lunch: Bean & Cheese Nada Turkey Taco Nada	<b>28</b>	<b>29</b>
<b>30</b> Breakfast: Blueberry Muffin Lunch: Turkey Pepperoni Stuffed Sandwich Whole Grain Vegetable Pinwheel	<b>31</b> Breakfast: Trix Yogurt Variety with Granola Lunch: Chicken Corn Dogs SunButter & Grape Jelly Sandwich	Notes:  Menu is subject to change. Fruit and milk are offered at breakfast daily. Fruit, vegetables, and milk are offered at lunch daily. "This institution is an equal opportunity provider."				