# Benefit Extras

Available through your SISC health plan

## Get Started

### Active & Fit Direct
- **Anthem PPO/HMO members**: log into anthem.com/ca/sisc, click “Discounts” and visit “Special Offers”.
- **Kaiser HMO members**: must visit kp.org/choosehealthy, select region, click “Choose Healthy,” then click “Learn More” next to the ASH Active & Fit logo.

## Program Details

### Discounted Gym Memberships

#### Active & Fit Direct
Choose from over 9,000 participating fitness centers and YMCAs nationwide for a much lower cost than you would pay on your own. Use the online fitness tracking feature, which uses a variety of wearable devices and apps. You pay only $25 a month (plus $25 enrollment fee and taxes).

### Fitness Your Way

#### Tivity
This program gives you the flexibility to work out at any participating fitness location. Cost is only $25 a month per person.

### Discounted Hearing Aids

#### TruHearing
Go to a TruHearing provider to be fitted and adjusted for a wide variety of the latest digital hearing aids. You will save about $980 per hearing aid compared to national average prices. PPO members may even be able to use their plan benefits in coordination with TruHearing discounts.

#### Amplifon
Get an average savings of 62% off the latest retail hearing aid price. See an Amplifon network provider to be fitted. PPO members may even be able to use their plan benefits in coordination with Amplifon discounts.

#### QualSight
Receive 40-50% off the national average price of traditional LASIK eye surgery when you use an experienced QualSight LASIK surgeon.

### Discounted Hearing Aids

#### EPIC Hearing
Go to an EPIC Hearing network provider to be fitted to receive 30% – 60% off the retail hearing aid price. PPO members may even be able to use their plan benefits in coordination with EPIC Hearing discounts.

## Who Is Eligible

- **Anthem PPO/HMO and Kaiser HMO members**: Low Cost
- **Blue Shield PPO and HMO members**: Low Cost
- **VSP members**: Low Cost
- **Delta Dental members**: Low Cost
- **Delta Dental members**: Low Cost
- **MES members**: Low Cost

These programs are not available to retired Medicare members enrolled on Retiree Group Medicare Plans, or members on the MEC $9000 plan. Per IRS guidelines, HSA members may need to satisfy a deductible on these programs.