

# LOCAL FOOD FOR SCHOOLS

## BLOOD ORANGE

### ABOUT

Blood oranges grow between the months of December and May. Their distinct color is due to the high levels of anthocyanin(an-tho-cy-a-nin) pigment found in the fruit.

Today's oranges are brought to you from Trinity Fruit Company, located in Fresno, California.



### FACTS

- Cooler weather helps blood oranges develop its signature color.
- Anthocyanin pigment produces a red/purple color. It is found in other fruits and vegetables such as blueberries and beets.

### FLAVOR

The flavor of the blood orange has been described as a cross between a sweet orange and a raspberry. It is noted to have a floral flavor. It is usually sweeter than regular navel oranges.

Source:

<https://spoonuniversity.com/lifestyle/what-is-a-blood-orange>

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