



## Checklist for Lice Treatment

- Check all members of family for lice or nits. Include individuals who regularly come to your home (babysitters, etc).
- Apply Lice Treatment, following directions precisely.
- Remove all nits. These are oval white eggs that stick to the hair shaft. **This is the most vital step.** The nits do not come off easily; each must be snagged firmly by fingernails or lice comb, slid down the hair shaft and removed. Remember your child may not return to school with any live lice in his/her hair, and no more than 3 nits found in the hair upon re-check.
- Combs, brushes, headbands, hats, etc. should be replaced or washed in hot water.
- Launder sheets, pillowcases, clothing, and student's backpack.
- Hot dry or dry-clean blankets, bedspreads, etc. Items that cannot be washed (i.e. stuffed animals) can be put in a sealed plastic bag for 2 weeks.
- Vacuum carpets and furniture.
- Vacuum or wipe clean car upholstery.
- Inform school and parents of others in contact with your child.
- Bring your child to health office upon return to school, for re-check and clearance to attend school.
- Re-treat in seven to ten days, or as directed.
- Inspect hair for lice or nits every day for 2 weeks.

If you have any questions, please call the school health office.

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*My child has been treated for head lice following the above checklist, using*

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*(Please list lice treatment used)*

Name of student: \_\_\_\_\_

School: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent signature \_\_\_\_\_

**Please accompany your child to the health office on the day he/she returns to school for a re-check by the health office. Thank you!**