

DMUSD HEALTH AND SAFETY PLAN 2021-2022

Updated and amended on April 20, 2022

District: Del Mar Union School District

Grades: K-6

1. This plan was developed in consultation with the County of San Diego Health and Human Services Agency, Public Health Services and is based on guidance articulated by the California Department of Public Health. This plan describes how the schools in the DMUSD district will implement school operations for the 2021-2022 school year.

General Measures

The District will:

1. Monitor on a weekly basis, COVID-19 guidance from the California Department of Public Health (CDPH), California Department of Education (CDE), San Diego County Health and Human Services Agencies, Public Health Services (PHS) and San Diego County Office of Education (SDCOE) and update this plan as appropriate.
2. Limit nonessential visitors, volunteers, and activities involving external groups or organizations with people who are not vaccinated.
 - a. Parent volunteers on campus must provide proof of COVID-19 vaccination and must be fully vaccinated.
 - b. Contractors conducting business on campus must comply with COVID-19 vaccine verification requirements or ensure its employees, agents and workers complete weekly COVID-19 testing or provide proof of vaccination.
 - c. Schools will not limit access for direct service providers, but will ensure compliance with school visit policies.
 - d. Visitors who have symptoms of infectious disease should stay home and seek testing and care.
3. Collaborate with SD County Public Health Response team to report positive cases and possible exposures. The District health team will investigate any COVID-19 illness and determine if any work-related factors could have contributed to risk of infection. Update the plan as needed to prevent further cases.

4. Implement the necessary processes and protocols when a workplace has an outbreak, in accordance with CDPH guidelines.
5. Identify individuals who have been in close contact (within 6 feet for 15 minutes or more) of an infected person and take steps to inform the individuals of required quarantine protocols, as per current CDPH guidelines.

Cleaning /CDPH Cleaning Recommendations

1. In general, routine cleaning once a day is usually enough to sufficiently remove potential virus that may be on surfaces. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection.
2. If a facility has had a sick person with COVID-19 within the last 24 hours, the area will be cleaned AND disinfected.
3. All drinking fountains have been disabled. Refillable water bottle stations have been installed at each school site.
4. Cleaning and sanitation protocols incorporate the following elements:
 - a. Cleaning products are approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list
 - b. Disinfectants are labeled as effective against emerging viral pathogens. Employees are trained on manufacturer's directions, on Cal/OSHA requirements for safe use and as required by the Healthy Schools Act, as applicable.
5. Custodial staff are equipped with proper protective equipment.

Masks

1. No person can be prevented from wearing a mask as a condition of participation in an activity or entry into a school, unless wearing a mask would pose a safety hazard (e.g., watersports).
2. CDPH strongly recommends that all persons (e.g., students and staff) wear masks in K-12 indoor settings, with consideration of exemptions per CDPH face mask guidance.
3. Persons exempted from wearing a face covering due to a medical condition are strongly recommended to wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.
4. Schools will provide masks to students who inadvertently fail to bring a face covering to school and desire to use one.

5. In situations where use of masks is challenging due to pedagogical or developmental reasons (e.g. communicating or assisting young children or those with special needs), a face shield with a drape (per CDPH guidelines) may be considered instead of a mask while in the classroom.

Promote Healthy Hygiene

1. School staff will teach and reinforce the following:

Students will:

- a. Use tissue to wipe their nose and to cough/sneeze inside a tissue or their elbow
 - b. Wash their hands before and after eating; after coughing or sneezing; after being outside; and before and after using the restroom.
 - c. Wash their hands for 20 seconds with soap and use paper towels to dry hands thoroughly.
 - d. Use fragrance-free hand sanitizer when handwashing is not practicable.
 - e. Avoid touching their faces
2. Staff and students will wash their hands or use hand sanitizer frequently throughout the day.
 - a. Additional outdoor handwashing stations have been installed at all school sites in addition to existing handwashing stations in classrooms and restrooms. Hand sanitizer dispensers have been added throughout all district campuses and facilities.
 - b. Use of restrooms will be limited to 2-3 students or staff at one time (depending on site specific facilities) to prevent congregations in bathrooms. School site teams develop systems, schedules and signage for bathroom use to ensure no more than two/three individuals are inside the bathroom at one time.
 - c. Students and staff regularly wash their hands at staggered intervals. School site teams develop routines for regular handwashing. Regular hand washing includes before and after eating, after coughing and sneezing, after being outside and before and after using the restroom.
 - d. Students and staff use hand sanitizer when necessary or anytime entering a learning space.

Physical Distancing

Staff will focus on other mitigation strategies provided by CDPH instead of implementing minimum physical distancing requirements for routine classroom instruction.

Ventilation

1. HVAC filters have been replaced.
2. MERV 13 filters have been installed in all capable systems.

Responding to illness

1. Staff who are sick or exposed to a confirmed positive case will contact site administrator who will contact Human Resources for support in isolation/quarantine protocols.
2. Students or staff with symptoms of COVID-19 will stay home until they have met the following criteria:
 - a. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
 - b. Other symptoms are improving; AND
 - c. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
3. Students or staff who are exposed to COVID-19, regardless of vaccination status, should get tested for COVID-19 with at least one diagnostic test within 3-5 days of last exposure, unless they had COVID-19 within the last 90 days.
 - a. Exposed students who had COVID-19 within the last 90 days do not need to be tested after exposure but should monitor for symptoms. If symptoms develop, they should isolate and get tested with an antigen test.
 - b. If the exposed student has symptoms consistent with COVID-19, they should stay home, get tested, and follow the guidance above.
4. Students or staff with confirmed positive cases of COVID-19 will stay home for at least 5 days after start of symptoms (or after date of first positive test if no symptoms).
 - a. Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on Day 5 or later tests negative.

- b. If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications.
 - c. If fever is present, isolation should be continued until 24 hours after fever resolves.
 - d. If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10.
 - e. Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information).
- 5. If a student must isolate, the student will engage in the District's independent study plan.
- 6. Determinations regarding the need to close a classroom or school due to an outbreak of COVID-19 will be made under the direction of the San Diego County Department of Public Health.
- 7. In the event of a classroom/school closure, the District will continue to provide nutrition services for eligible students.

Case reporting, contact tracing and investigation

- 1. Per AB 86 (2021) and California Code Title 17, section 2500, schools are required to report COVID-19 cases to the local public health department.
- 2. DMUSD Covid-19 Response Team acts as liaison to assist the local health department with contact tracing and investigation.