

DMUSD HEALTH AND SAFETY PLAN

2021-2022

August 11, 2021

District: Del Mar Union School District

Grades: K-6

1. This plan was developed in consultation with the County of San Diego Health and Human Services Agency, Public Health Services and is based on guidance articulated by the California Department of Public Health. This plan describes how the schools in the DMUSD district will implement school operations for the 2021-2022 school year.

General Measures

The District will:

1. Monitor on a weekly basis, COVID-19 guidance from the California Department of Public Health (CDPH), California Department of Education (CDE), San Diego County Health and Human Services Agencies, Public Health Services (PHS) and San Diego County Office of Education (SDCOE) and update this plan as appropriate.
2. Close all campuses to visitors. Only students, staff and essential visitors will be permitted.
3. Collaborate with SD County Public Health Response team to report positive cases and possible exposures. The District health team will investigate any COVID-19 illness and determine if any work-related factors could have contributed to risk of infection. Update the plan as needed to prevent further cases.
4. Implement the necessary processes and protocols when a workplace has an outbreak, in accordance with [CDPH guidelines](#).
5. Identify individuals who have been in close contact (within 6 feet for 15 minutes or more) of an infected person and take steps to inform the individuals of required quarantine protocols.

Cleaning /CDPH Cleaning Recommendations

1. In general, cleaning once a day is usually enough to sufficiently remove potential virus that may be on surfaces. Disinfecting (using disinfectants on the [U.S. Environmental Protection Agency COVID-19](#) list) removes any

remaining germs on surfaces, which further reduces any risk of spreading infection.

2. If a facility has had a sick person with COVID-19 within the last 24 hours, the area will be cleaned AND disinfected.
3. All drinking fountains have been disabled. Refillable water bottle stations have been installed at each school site.
4. Cleaning and sanitation protocols incorporate the following elements:
 - a. Cleaning products are approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list
 - b. Disinfectants are labeled as effective against emerging viral pathogens. Employees are trained on manufacturer's directions, on Cal/OSHA requirements for safe use and as required by the Healthy Schools Act, as applicable.
5. Custodial staff are equipped with proper protective equipment.

Masks

1. All students will wear masks indoors.
2. All staff will wear masks indoors when sharing a space with students regardless of vaccination status.
3. Essential visitors will be required to wear masks when visiting a school campus.
4. Accommodations will be made on an individual basis for students or staff who is not able to wear a face covering due to a disability.
5. Masks will be provided to any student who fails to bring one or loses it during the day.
6. Students who fail to comply with the mask mandate may participate in independent study.
7. Masks are optional outdoors.

Promote Healthy Hygiene

1. School staff will teach and reinforce the following:

Students will:

 - a. Use tissue to wipe their nose and to cough/sneeze inside a tissue or their elbow
 - b. Wash their hands before and after eating; after coughing or sneezing; after being outside; and before and after using the restroom.

- c. Wash their hands for 20 seconds with soap and use paper towels to dry hands thoroughly.
 - d. Use fragrance-free hand sanitizer when handwashing is not practicable.
 - e. Avoid touching their faces
- 2. Staff and students will wash their hands or use hand sanitizer frequently throughout the day.
 - a. Additional outdoor handwashing stations have been installed at all school sites in addition to existing handwashing stations in classrooms and restrooms. Hand sanitizer dispensers have been added throughout all district campuses and facilities.
 - b. Use of restrooms will be limited to 2-3 students or staff at one time (depending on site specific facilities) to prevent congregations in bathrooms. School site teams develop systems, schedules and signage for bathroom use to ensure no more than two/three individuals are inside the bathroom at one time.
 - c. Students and staff regularly wash their hands at staggered intervals. School site teams develop routines for regular handwashing. Regular hand washing includes before and after eating, after coughing and sneezing, after being outside and before and after using the restroom.
 - d. Students and staff use hand sanitizer when necessary or anytime entering a learning space.

Physical Distancing

- 1. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are implemented. This is consistent with [CDC K-12 School Guidance](#).
- 2. Distancing will be maintained during lunch and snack.
- 3. The school will maintain physical distancing between students, as practicable during the following:
 - a. School buses
 - b. Meal periods- Students will remain with their cohort for lunch/snack and will be distanced while face coverings are removed. Students will eat outdoors weather permitting
 - c. Recess- Recess will be staggered to accommodate distancing and cohorts will be assigned to designated zones.
 - d. Classrooms and other learning spaces- Tents have been added to each school site. Each classroom will have a designated outdoor learning space.

- e. Restrooms- Limit # of students to allow for distancing. Sites will limit the bathrooms to 2-3 students at a time. Handwashing stations have been installed outside to reduce congregating inside of the bathrooms
- 4. The school will limit student mixing with the following measures to the extent practicable
 - a. students will remain in the same space and in stable groupings (cohorts) as small and consistent as practicable.
 - b. Minimize movement of students and teachers or staff as much as practicable.
 - c. Schedule recess activities in separated areas designated by stable groupings. Stable groupings will stay together and be assigned times and "zones" for recess. Recess times will be staggered.
- 5. Eat snacks and lunch outdoors. Stable groupings stay together for lunch and recess in designated outdoor spaces.

Ventilation

- 1. HVAC filters have been replaced.
- 2. MERV 13 filters have been installed in all capable systems.

Responding to illness

- 1. Staff who are sick or exposed to a confirmed positive case will contact site administrator who will contact Human Resources for support in isolation/quarantine protocols.
 - a. All schools will follow the district mitigation protocols:
 - 1. Students or staff with symptoms of COVID-19 will stay home.
 - 2. Students and staff will recognize symptoms of Covid-19: fever/ chills, cough, difficulty breathing, fatigue, muscle aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea/vomiting, diarrhea, rash
 - b. Protocols for responding to symptoms and quarantining:
 - 1. Immediately isolate anyone exhibiting signs/symptoms of COVID19 until they are able to be transported home.
 - 2. Advise parents or staff members exhibiting s/s of COVID-19 to contact their health care provider immediately and request a test. If student or staff is not able to contact their provider, they will be provided with the information for testing centers operated by the SD County Department of Public Health or UCSD.
 - 3. Advise sick staff members and students not to return until they

- have met CDC criteria to discontinue home isolation, including 24 hours with no fever without the use of fever-reducing medication, symptoms have greatly improved and a negative PCR COVID-19 test OR 10 days since symptoms first appeared.
4. Any student who tests positive will isolate for 10 days from date of confirmed positive test.
 5. If a teacher or student is a confirmed positive, close contacts will be identified through contact tracing and required to quarantine.
2. Quarantine protocols required in K-12 indoor settings are adapted from the CDC K-12 guidance and CDC definition of a close contact.
 - a. When both parties were wearing a mask, unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified quarantine as follows. They may continue to attend school for in-person instruction if they:
 - b. Are asymptomatic;
 - c. Continue to appropriately mask, as required;
 - d. Undergo at least twice weekly testing during the 10-day quarantine
 - e. Continue to quarantine for all extracurricular activities at school, including sports, After School Program and activities within the community setting.
 3. If a student must isolate, the student will engage in the District's independent study plan.
 4. Determinations regarding the need to close a classroom or school due to an outbreak of COVID-19 will be made under the direction of the San Diego County Department of Public Health.
 5. In the event of a classroom/school closure, the District will continue to provide nutrition services for eligible students.

Case reporting, contact tracing and investigation

1. Per AB 86 (2021) and California Code Title 17, section 2500, schools are required to report COVID-19 cases to the local public health department.
2. DMUSD Covid-19 Response Team acts as liaison to assist the local health department with contact tracing and investigation.