

Care Plan

Student name: _____

Birthdate: _____

Parents: _____

Mom Phone: _____

Dad Phone: _____

Email: _____

Emergency

Contact: _____

Phone: _____

Date of this care plan: _____

Feeding

Parents will provide an individual feeding plan appropriate for their child's age. Foods will be introduced as per the family's and/or doctor's recommendations. Please provide the desired bowl(s), spoon(s) and bib. All containers of food, cups, bowls, spoons, bibs, etc. must be labeled with child's name. The classroom will have bins to store sippy cups each day. All other food items will be kept in your child's lunch bag and returned at the end of the day.

Please remember that we are a peanut free school.

Any allergies or sensitivities:

Typical behavior following eating (i.e. playful, sleepy, etc.):

Napping

Toddlers sleep on individual cots with low lighting and soothing background music. Parents will provide a fitted sheet, blanket, pacifier, and lovey or other item that the child uses to fall asleep. Parents should also provide an extra sheet in the event of an accident. All sheets, blankets, pacifiers, lovey and other items must be labeled with the child's name.

Please detail approximate nap times and length of nap(s) below.

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How does your child fall sleep? (pacifier, rubbing child's head, etc.)

In what position does your child sleep best?

What does your child sleep with in his/her bed? (Blanket, pacifier, lovey, etc.)

Diaper changing

Toddlers are diapered in the classroom and all events are documented on their daily information sheet. Parents will provide diapers and wipes for their child. Parents may also provide diaper rash cream, if necessary. Staff wears latex free gloves while diapering. The child will be changed whenever he/she is wet or soiled and is checked regularly. Please provide an extra set of clothes, in case of accidents. Packages of diapers, wipes and diaper cream must be labeled with child's name. Each child has his/her own individual basket where diapers, wipes, and diaper cream are stored. Caregivers will notify you when supplies need to be replenished.

Any skin issues?

Any specific diapering instructions?

Additional Information

Parents will sign child in each day and complete a “daily news” form with information about the morning events before arriving at school. Caregivers will update the daily news form with diapering, napping, and feeding information during the day.

Please update this care plan as there are changes to your child’s napping, feeding, diapering and/or other information.

The area below may be used to provide additional parent comments for caregivers:

I agree that my child’s placement in the Toddler Component class at Del Mar Union School District’s Early Childhood Development Center is developmentally appropriate.

PARENT SIGNATURE

PRINTED NAME

DATE

ADMINISTRATOR SIGNATURE

PRINTED NAME

DATE
